



England Boxing Medical Care of a Boxer After a Contest

- This form is to be given to every boxer after a contest

If an amateur boxer suffers from any of the following complaints, after a contest he/she is to be taken along with this form to the nearest hospital as soon as possible.

1. Headache
2. Double vision/blurred vision, or other eye problems
3. Giddiness or unsteadiness
4. Weakness or altered sensation in his/her limbs
5. Drowsiness or strange behaviour
6. Feeling of sickness or vomiting
7. Any other unusual symptoms

Name:

Club: Region:

This amateur boxer has suffered a K.O or LOC during his/her contest at(TIME)

On(DATE)

He/she has been examined by the tournament medical officer before leaving the boxing venue.

Boxers who have suffered a K.O or LOC

1. Must not drink alcohol or drive for 48 hours
2. Must not box or spar for at least 30 days after 1 KO and 90 days if 2 KO's within 90 days
3. Must not box or spar for at least 90 days after LOC less than 1 minute and 180 days after LOC of more than 1 minute
4. May start light training, if fully recovered after 1 week

Signed:(Medical Officer)

Date: