



Reading list for the Ringside Doctor course

The medical guidelines in total are here: [Doctors - England Boxing](#)

The ringside dr role is divided into 4 sections: The medicals (screening) – Phase 1 done in clinics and clubs well ahead of any contests

Phase 1 - BCR1 Medical

Phase 2- Pre bout checks on the day of the contest

Phase 3 – Ringside work and responsibilities

Phase 4 – Post bout checks

We will cover Phases 2- 4 on the day of the course. If you can have a look at the guidelines for Phase 1 and do the video tutorials also. Please allow a full 2 hours to view these before attending the course. These will be sent to you separately.

Reading list:

Know how to perform a perfect Romberg's test and the definition of a negative test

Demonstrate coordination

Know difference simple vs complex laceration and what wounds can be glued vs deep and superficial sutures

Types and Management of nose bleeds

Know a reduction technique for dislocated shoulders even if you have never done one

How to apply a high arm sling vs low arm sling from a triangular bandage and which situations to apply each

BLS refresher

NICE guidelines for CT head following a head injury

Head injury advice sheet

Definition of concussion

Traumatic Subarachnoid/ Acute Subdural/ Chronic Subdural/Extradural/intracerebral bleeds and brain contusion

What is the Monro Kellie doctrine of head injuries? Why is it important to know?

Signs of coning

Airway adjuncts

How to switch on and use an oxygen cylinder and a non- rebreath mask

How to use an AED

Things to look up:

Picture of a snapped bicep tendon

Things to watch:

Last round of George Groves vs Chris Eubank Jr in the semifinal of the supermiddleweight super series [Chris Eubank JR - George Groves \(Türkçe Anlatım\)](#) , sorry in Turkish but from 1:08 onwards

Last round of Fury Wilder 1 [\(2\) Wilder v Fury full 12th round | Tyson Fury is the only man not to be knocked out by Deontay Wilder - YouTube](#)

Any KO from any street fight on the internet [\(2\) Man gets knocked out by the training dummy - YouTube](#)

From England boxing after you have watched the precourse 2 hours of video learning (separate links will be sent on confirmation of registration)

How to Add a BCR1

<https://youtu.be/sCV2xithlZ0?list=PLASpldMdB9MECfiINZmiwe21FKRrSUfmn>

How do Doctors Register to Access Boxer Records

<https://youtu.be/y88gYvxl45w?list=PLASpldMdB9MECfiINZmiwe21FKRrSUfmn>