



NATIONAL JUNIOR CHAMPIONSHIPS 2026

GUIDANCE DOCUMENT

The England Boxing National Junior Championships 2026 are contested in accordance with the rules, directives, policies and procedures issued by England Boxing Ltd available [here](#). England Boxing Ltd reserves the right to amend, alter, or to add rules, directives, policies and procedures at any time it deems necessary. Clubs will be notified of these changes via the Locker and England Boxing website.

1. Introduction - The England Boxing National Junior Championships 2026 is open to boxers born in 2011 (Junior Cadet) and those born in 2010 - 2011 (Junior). All bouts will be boxed over 3 x 2-minute rounds. Entry weights are as below;

England Boxing National Junior Championships 2026	
Entry Weights - Junior Cadet and Junior	
(*Non-performance pathway weight category, including all Junior Cadet weights)	
34kg - 36kg *	Under 54kg
Under 38kg *	Under 57kg
Under 40kg *	Under 60kg
Under 42kg *	Under 63kg
Under 44kg *	Under 66kg
Under 46kg	Under 70kg
Under 48kg	Under 75kg
Under 50kg	Under 80kg
Under 52kg	Over 80kg

2. Key Dates - The deadlines outlined below must be followed for the England Boxing National Junior Championships 2026. Please note that all regional results are to be submitted via email to EBCChampionships@englandboxing.org. Failure to submit results will result in the region being withdrawn from the Championships. The results submitted **MUST** outline the regional representatives for each weight category and **MUST** be completed by the dates below regardless of whether a region has a bye at this stage.

- Boxers will be considered ineligible for this competition if they have transferred between regions after – **Thursday 11th December 2025**.
- Entries open on the Locker for regional rounds – **Monday 12th January 2026**
- **Entries close on the Locker for regional rounds – Wednesday 11th February 2026 at 12:00hrs (Midday)**
- Female entry details submitted to England Boxing - **Sunday 25th February 2026**
- Regional results submitted to England Boxing - **Sunday 1st March 2026**
- Championship matrices created and communicated - **Monday 2nd March 2026**
- Regional PQFs take place, results submitted to England Boxing - **By Sunday 8th March 2026**

- Regional QFs take place, results submitted to England Boxing - **By Sunday 15th March 2026**
- Draw completed and communicated - **Wednesday 18th March 2026**
- National Semi Finals take place - **Saturday 21st March 2026**
- National Finals take place - **Sunday 22nd March 2026**

3. Regional Draw – The regional draw can be found below for the England Boxing National Junior Championships 2025.

Regional PQFs (host region named first) - to be completed by **Sunday 8th March 2026**;

Tyne Tees & Wear	Vs.	Midland Counties
North West Region	Vs.	Yorkshire
Western Counties	Vs.	Eastern Counties

Regional QFs (host region named first) - to be completed by **Sunday 15th March 2026**;

Merseyside & Cheshire	Vs.	Tyne Tees & Wear / Midland Counties
East Midlands	Vs.	North West Region / Yorkshire
London Boxing	Vs.	Western Counties / Eastern Counties
Home Counties	Vs.	Southern Counties

Please note the National Semi Finals, and Finals will be held at;

Arena Sports – Kettering, Thurston Drive, Kettering. NN15 6PB

4. Previous Combat Experience - All previous combat experience **MUST** be declared with England Boxing Ltd and updated on the Locker prior to the start of the Championships, and as outlined on this entry form. Any boxer / coach who makes a false previous combat declaration **WILL** be removed from the Championships, and the matter reported to England Boxing Ltd's compliance team where sanctions may be taken against the boxer, coach and / or club.

Previous Combat Experience (Includes, but not limited to the following combat sports)
Karate (Full Contact)
Karate (Semi-Contact)
Karate (Light / Points)
Kickboxing (Full Contact)
Kickboxing (Semi-Contact)
MMA
Judo
Muay Thai
Taekwondo
Wrestling / Grappling
White Collar Boxing
Boxing - Skill Bouts
Any other Combat Sports

Any club wishing to raise a formal complaint regarding an opponent's alleged previous combat experience must have gathered sufficient evidence for this complaint to be dealt with. All evidence must be sent to EBChampionships@englandboxing.org in accordance with the Championship Entry Infringement Protocols (2025/2026 England Boxing Rulebook). Any claim lacking evidence will be dismissed as vexatious. The Championships Coordinator, with the Sub-Committee, will decide the next steps and inform affected boxers/clubs.

5. Boxer Eligibility - Junior entrants will require:

Male and Female Boxers at least 2 bouts upon entry, 1 of which **MUST** be an England Boxing competitive bout. All skills bouts count as 0.5 of an England Boxing amateur boxing bout.

All boxers must ensure the following items are also up to date in the Locker in preparation for the Championships. Failure to do so will result in the Boxer being withdrawn from the competition.

- Profile picture uploaded showing only the boxer (passport style).
- Digital BCR1 red QR code ready on your device. To get a valid QR code you'll need:
 - Current age verification uploaded
 - Current membership registered to an England Boxing club
 - No medical suspensions
 - Pregnancy indemnity form (if applicable).
- **Current, in-date medical covering the entire duration of the event.**
- Declaration of ALL previous combat and England Boxing bouts.

All boxers must have been an affiliated member of England Boxing Ltd via the Locker for three months prior to the entry deadline of this Championship. Please note that this rule change is for new members only and does not include boxers who have had continuous membership with England Boxing Ltd.

Any Boxer moving Regions Must do so a minimum of 1 calendar month before the entries open on the Locker in order to be eligible to enter these championships.

6. Affiliation - Boxers may only enter through one England Boxing Regional Association and **MUST** be registered to an England Boxing affiliated club.

All coaches must ensure the following items are up to date in the Locker in preparation for the Championships.

- Profile picture uploaded showing only the coach (passport style).
- Digital purple coach licence QR code on your device. To get a valid QR code you'll need:
 - Current membership registered to an England Boxing club
 - In-date First Aid certificate
 - In-date Safeguarding certificate
 - In-date DBS certificate.
- Coach's physical lanyard (to be worn at all times).

7. Medical Entry Criteria - The boxer's medical (rolling 12 month duration) must cover any bout and be up to date on The Locker. The Boxer's red QR code must be produced at the initial weigh-in and at all subsequent rounds. Boxers cannot be considered registered for the Championships until their weight and Locker information have been verified by the Regional Officials' Representative.

8. Entry Form - All entries and payment **MUST** be done via the Locker by a club's Head Coach or Super Admin.

9. Weigh In - All boxers must weigh in dressed in shorts and vest or singlet. Boxers may transfer weight categories up until the initial weigh in or deadline set by the region for weight category changes, whichever is earlier. The boxer's weight recorded by the Supervisor at the initial weigh in or regional deadline will determine the category of the boxer. Please note that if a Region opts to use the regional deadline, they must not also use initial weigh in as part of the entry process and vice versa. During the weigh in period, boxers may have as many check weighs as required, however, boxers are only allowed to lose or gain a maximum weight of;

Weight Category	Up to 50kg	Up to 63kg	Over 63kg
Max Weight Loss or Gain	300 grams	500 grams	700 grams

A boxer will not be allowed to change weight category after the initial weigh in/regional deadline unless no other boxer has entered across the country in that weight category. This move can only be sanctioned by the Championships Coordinator, who will be responsible for informing all affected boxers/clubs. Boxers will not be able to change weight category if they have already boxed in this Championships at another weight.

10. Weight Allowance - There will be a weight allowance from the Pre-Quarterfinals round onwards for All Classes in this Championships as below.

Weight Category	Up to 50kg	Up to 63kg	Over 63kg
Max Weight Loss or Gain	300 grams	500 grams	700 grams

11. Photography - When you participate in an England Boxing Ltd event, you may be filmed or photographed at any point during your participation. By becoming an individual member of England Boxing Ltd, you grant permission to identify you by name in video footage/photographs and to use the resulting video footage/photographs for promotional and commercial purposes, including the streaming of England Boxing Ltd.'s National Competitions, irrespective of whether you remain an individual member of England Boxing Ltd. England Boxing Ltd will not be required to pay you for the use of such videos/images, the copyright in which will be owned by England Boxing Ltd. If you do not consent to being filmed or photographed, please inform England Boxing Ltd in writing.

12. Doping Control - Participants may be subjected to doping control testing at the Championships. All entrants and supporting personnel shall be deemed to have made themselves familiar with and agreed to be bound by the UKAD Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. Please note UKAD rule 5.7: The consent of a parent or guardian to Testing of the Minor pursuant to these rules shall be inferred from the fact that the Minor has been permitted by their parent or guardian to participate in the sport. To check the status of registered medicines please visit <http://www.globaldro.com/>. For more information on clean sport, testing procedures and for a copy of the full England Boxing Anti-Doping rules please visit [Clean Sport / Anti-doping - England Boxing](#).

13. Equipment - It is permissible for personal headguards to be used in the regional rounds of competition if they are an approved Competitive Brand; England Boxing Ltd will provide STING headguards if any boxer does not have one available at the later stages of the tournament. When gloves are provided by England Boxing Ltd at later stages of tournaments their use is mandatory. Boxers are reminded that they are representing their clubs/regions therefore National representative vests should not be worn

14. Computer Scoring - The electronic scoring computer should be used in all rounds of these Championships from regional finals onwards.

15. National Title - If there is no opponent for a boxer at the national final, the boxer can only be awarded a national title if they have boxed in an earlier round.

Please direct any further queries to EBChampionships@englandboxing.org..