



YOUR GUIDE TO THE MOVES DIFFERENT PROJECT



INFORMATION FOR REFERRERS

What is Moves Different?

- England Boxing and Welsh Boxing are launching *Moves Different*, an opportunity for young people to get active and feel stronger in body and mind, through fully funded boxing classes or through gym memberships.
- Moves Different is part of a two-year crime prevention research programme, funded by the Youth Endowment Fund. England Boxing and Welsh Boxing will be working with an Evaluation Partnership (comprising of the Ending Youth Violence Lab, the Centre for Evidence and Implementation and ClearView Research) to establish the positive impact our work is having on young people's lives.

Who is it for?

- We are looking for young people who are in (or would be eligible to be in) academic years 9-13 at the point of referral.
- We are also looking for young people who have some risk factors associated with involvement in antisocial behaviour, or crime and violence.
- Please see a full list of eligibility criteria and risk factors on [our website](#).
- It's OK if you refer a young person who might not be eligible, our team will look at the information you provide, come to a view, and may be in touch with you to clarify additional details.

How do I refer a young person?



- To refer a young person onto the programme, you will need to **complete our online referral form** which is available [here](#). If you would rather share paper-based referral forms, please contact your Regional Project Lead.
- We would ask that referrers **complete all questions as fully as possible** - incomplete forms may delay eligibility checks and we may need to follow up with you to address any gaps.
- Please complete the form with what you know. However, if there are areas where you're unsure, please consider:
 - Consulting existing records (e.g. case notes, safeguarding assessments or existing referral documentation).
 - Working jointly with your colleagues (e.g. any allocated worker who may know the young person well).
 - Involving the young person and their parent/carer where appropriate.
 - Discussing with other agencies involved in the young person's care or support if appropriate.
 - Using your professional judgement to fill any gaps if accurate information cannot be easily obtained (for example, if you're unsure whether a young person has had association with criminal peer groups, but there is no indication or reason for you to believe they do, it's appropriate to answer 'No').
- If any part of the form is unclear, please contact your Regional Lead. For example:
 - Where we ask about **SEND status**, referrers may wonder whether we are asking if a young person has had a formal diagnosis or not. In this case, referrers can identify SEND where a young person has an Education, Health and Care Plan (EHCP), but also on the basis of the young person receiving SEN Support at school, or more broadly being known to have additional learning or developmental needs that affect learning or participation at school.
 - Where we ask about young people planning to **relocate out of the area**, referrers may wonder what we mean by area. Here, we mean moving out of the police force area the young person currently lives in (so moving



out of Greater London, Leicestershire, South Wales, South Yorkshire or West Midlands).

- Where we ask about whether a young person has been **excluded from education**, please note that this includes both fixed-term or temporary exclusions.
- Where we ask if the young person is **participating in another trial**, we are asking whether the young person is already participating in a research project like this one (where they are randomly selected to receive one form of support or another). For example, we know that a trial of the StreetGames 24-week sport-based intervention is being conducted in some of our target areas.
- The *Moves Different* programme is designed to engage young people who may be on the edge of, or already involved in, risky, antisocial or criminal behaviours, and who would benefit from positive, structured activity. We encourage referrals where participation could support a young person's wellbeing, confidence, and sense of belonging — **provided the environment can remain safe for all participants**. To help us determine the safety of a young person's participation, we do not ask for detailed disclosures, but do ask referrers to:
 - Let us know if they're aware of the referred young person having **participated in criminal sexual behaviours** (i.e. behaviour subject to police or court involvement) **or problematic sexual behaviours** (e.g. sexually aggressive, coercive or harmful behaviours). In these instances, other services may be more appropriate.
 - Let us know if they're aware of the referred young person having **active conflicts or rivalries with individuals at their local boxing club or other Moves Different participants**. Here, we mean any current or ongoing tensions, disputes, or affiliations that could pose a risk if two young people were placed in the same session or club (for example, known interpersonal conflict, gang rivalries, or previous incidents of violence or intimidation). In these instances, the Moves Different team will assess suitability on a case-by-case basis, and if it is possible to deliver to such young people at nearby, separate clubs, then this will be considered.



- Let us know if they believe that the referred young person is **at immediate risk of harm to themselves or others or are experiencing active psychosis**. Here, we are attempting to understand if the young person is currently suitable for participation based on what we know about them at the point of referral and are interested about **current level of risk**. The focus is on whether the young person can engage safely in a group boxing session and follow coaches' guidance (or whether other support may be more appropriate). In assessing safety, the Moves Different team will be guided by the following considerations:

	Include (Suitable)	Defer / Exclude (unsafe right now)
Risk of harm to others: Behaviour history	We will include young people with a history of fights, aggression, criminal activity, or antisocial behaviour, provided there is no clear, current evidence that the young person cannot be kept safe in a supervised session.	Clear, current evidence that the young person cannot participate safely in a supervised session. This might include: current uncontrolled aggression or violent outbursts that staff in other group settings have been unable to de-escalate; serious and recent violent incidents in a school, youth or community setting that caused significant harm; active, unresolved conflicts or credible threats involving others known to attend the same or nearby club.
Risk of harm to themselves: Self-harm / suicide risk	Past self-harm or distress, currently stable and linked to appropriate support.	Active suicidal intent or recent attempt; not yet stabilised.
Broader mental health challenges	Diagnosed or suspected mental health difficulties (including, but not limited to, anxiety and depression) that are being managed or supported.	Current evidence of acute psychotic symptoms (e.g., hallucinations, delusions, disorganised behaviour) or recent crisis requiring emergency intervention.



- Please seek consent transparently from young people (and their parent/carer, if applicable) before sharing their information, as prompted in the referral form.
We cannot process referrals without the appropriate permissions.

How will referral information be kept safe?

- This information will be kept in a secure IT area, and access will only be granted to England Boxing, Welsh Boxing, and the Evaluation Partnership.
- In all cases, we would ask you to seek the consent of the young person to share information about them (as set out in the referral form), and for young people under 16 we would ask that you seek this from their parent.
- Prior to making any referrals, please let your regional lead know if you wish to establish a data sharing agreement between your organisation and with England Boxing/Welsh Boxing, and we will be happy to provide one.

What happens after I refer a young person?

- Young people will be checked for eligibility and then invited to consent to participate in the project, and to complete a survey which asks them about their attitudes and behaviours. For ineligible young people, we will write back to you and let you know why we were unable to invite them to participate.
- Once eligible young people have completed their survey, they will be assigned to one of two activity groups (this will be **decided randomly** for each young person - a bit like flipping a coin). These are both great, fully funded opportunities to young people to get active:
 - **Group 1: Moves Different Boxing Programme** - Young people will be invited to take part in a new six-month boxing programme, with access to two boxing sessions each week at their local boxing centre.
 - **Group 2: Moves Different Gym** - Young people will receive a 3- to 6-month membership at a local gym, giving them the freedom to work out in their own way at their own pace.
- After 6 months, young people will be invited to take part in a second survey and given a £20 voucher to compensate them for their time.

How do I get in touch?

Please contact your Regional Lead in the first instance if you have any questions.



London/Hampshire:

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West Midlands/Leicestershire:

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Thank you for reading this, and for supporting *Moves Different*.