



ENGLAND BOXING RULE BOOK 2021-22 – NEW RULES AND RULE AMENDMENTS

Welcome to the summary of new rules and amendments in the England Boxing Rule Book 2021-22.

Included are completely new rules, those where the whole existing rule has changed and those where there has been a partial rule change, indicated **in yellow**.

Section 1 – General

1.1. Previous Combat Sport – Table now includes Skills Bouts.

Combat Sport	Conversion (other combat sport contest = England Boxing contest)
White Collar Boxing	1 contest = 1 contest
Muay Thai	1 contest = 0.75 contest
Kickboxing (Full Contact)	1 contest = 0.75 contest
Kickboxing (Semi Contact)	1 contest = 0.5 contest
Karate (Full Contact)	1 contest = 0.75 contest
Karate (Semi Contact)	1 contest = 0.5 contest
Karate (Light/Points)	1 contest = 0.25 contest
Taekwondo	1 contest = 0.25 contest
MMA	1 contest = 0.75 contest
Judo	1-10 = 1, 11-20 = 2, 21-30 = 3, 31-40 = 4, 41-50 = 5, 50+ = 6
Wrestling	1-10 = 1, 11-20 = 2, 21-30 = 3, 31-40 = 4, 41-50 = 5, 50+ = 6
Boxing - Skills Bout	1 contest = 0.5 contest

*** After multiplication, round up to nearest whole number.**

1.3. Defibrillators

1.3.1. As of 1 June 2022, a defibrillator is a mandatory requirement. Member Clubs owe a duty of care to, and are responsible for the health and safety of all their individual members whilst on Member Club premises.

Each Club must have the ability to access a Defibrillator and must know how to use the unit. The Defibrillator must be a maximum distance of five minutes full journey (there and back and to get any necessary access) on foot from the club.

Should the Club not have a defibrillator within the designated distance area, then they must obtain a defibrillator and are responsible for the maintenance of it.

1.4. My Next Match

1.4.1. The online medical database (My Next Match) must be used by all doctors alongside the BCR1 medical book, for medical, pre and post bout medicals in-line with the National Governing Body launch plan.

Section 2 – boxing categories and classes

2.5.4. Boxers must be matched at no greater weight difference than the smaller weight category of the two matched Boxers, for example:

Red sits in the 63-66kg weight category (a 3kg span) and Blue sits in the 66-70kg weight category (a 4kg span) so the Boxers must be matched at no more than 3kg apart.

2.6.6. Boxers must be matched at no greater weight difference than the smaller weight category of the 2 matched Boxers, for example:

Red is a light welterweight and Blue is a welterweight, the Light Welterweight category spans from 60 – 64kg (4kg) and the Welter weight category spans from 64 – 69kg (5kg) so the Boxers must be matched at no more than 4kg apart.

2.6.10. Championship weight categories for Youths for 2021 Champs are:

Male – over 37 – 40*, 43*, 46*, 49, 52, 56, 60, 64, 69, 75, 81, 86*,91, over 91kgs.

Female – over 37 – 40*, 43*, 46*, 48, 51, 54, 57, 60, 64, 69, 75, 81, over 81kgs

37 – 40, 43*, 46*, 86kg categories are not International pathway weight categories.

Championship weight categories for Youths for 2022 Champs are:

Male – over 37 – 40*, 43*, 46*, 48, 51, 54, 57, 60, 63.5, 67, 71, 75, 80, 86, 92, over 92kgs.

Female – over 37 – 40*, 43*, 45*, 48, 50, 52, 54, 57, 60, 63, 67, 71, 75, 81, over 81kgs

37 – 40, 43*, 46*kg categories are not International pathway weight categories.

2.7.5. Boxers are to be matched on experience and weight. Boxers must be matched at no greater weight difference than the smaller weight category of the 2 matched Boxers, for example;

Red is a light welterweight and Blue is a welterweight, the Light Welterweight category spans from 60 – 64kg (4kg) and the Welter weight category spans from 64 – 69kg (5kg) so the Boxers must be matched at no more than 4kg apart.

2.7.6. Championship weight categories for Elite and Development Boxers for 2021 Champs are;

Male – Over 46 to 49, 52, 56, 60, 64, 69, 75, 81, 86*,91, over 91kg.
*86kg cruiserweight category is not an International pathway weight category.

Female – Over 45 to 48, 51, 54, 57, 60, 64, 69, 75, 81, over 81kg.

Championship weight categories for Elite Boxers for 2022 Champs are:

Male – over 46 - 48, 51, 54, 57, 60, 63.5, 67, 71, 75, 80, 86, 92, over 92kg.

Female – over 46 - 48, 50, 52, 54, 57, 60, 63, 67, 71, 75, 81, over 81kg

Section 4 – officials

4.1.2. All officials must be registered annually with England Boxing via The Vault.

All Supervisors **MUST** hold a valid DBS certificate as is any official who is also registered as a coach.

All other officials (Referees, Judges, Timekeepers, etc. are no longer a required to hold a valid DBS unless the Official is also registered as a coach.

Section 9 – medical

9.2.3. The results of the Initial Medical are recorded in the BCR1 Sections A to E inclusive and added to the My Next Match database in accordance with the England Boxing launch plan. .

9.3.2. It is the responsibility of the club, club coach and boxer concerned to renew their medical, the details of which are recorded at Section F of the BCR1 and added to the My Next Match database in accordance with the England Boxing launch plan.

9.3.3. UKAFBA Annual Medical – The UKAFBA record the status of the Annual Medical of a boxer (Fit or Unfit to Box) on the My Next Match database in accordance with the England Boxing launch plan and on a certificate attached to the back cover of the BCR1 this is due to the requirement of the Armed Forces to hold the details of the medical on the Armed Forces central medical database.

9.4.2. The result of the Pre-Bout Medical is to be added to the My Next Match database in accordance with the England Boxing launch plan and any written information is to be retained by the Ringside Physician for the duration of the competition and then destroyed unless required for information due to an incident.

9.8.4. The duties of the Ringside Physician are:

- a. To understand and agree the event emergency medical action plan* in coordination with the Supervisor
- b. To conduct Pre-Bout Medicals in accordance with guidance by England Boxing Medical Sub Committee direction
- c. To assess any injuries to boxers during a contest to determine if a boxer is fit to continue.
- d. In consultation with the Supervisor and in line with (Section 17 - Medical Suspensions) prescribe appropriate Medical Suspensions for boxers when required and update the Boxers BCR1 accordingly.
- e. To conduct post bout medicals on all boxers and record the findings on to the My Next Match database in accordance with the England Boxing launch plan.
- f. To treat injured boxers as required.SD
- g. To provide resuscitation equipment Ringside prior to boxing commencing. If the Ringside Physician is not competent in the use of the resuscitation equipment or unwilling to use the resuscitation equipment, a trained operator MUST be in attendance.

Section 10 – boxer's dress

10.1.6. Boxers may wear Kinesiology tape but this may only be affixed below the waist and to the back of the body.

10.1.7. Coaches may no longer use Cavilon Cream, Vaseline or Petroleum Jelly on a boxer; ONLY Non Petroleum Skin Protective Jelly may be used.

10.2.6. The gloves used in a bout must be identical in every way except that one pair is red and one pair blue.

Sting Gloves – to be worn in all rounds of England Boxing Championship Final Rounds (e.g. Finals, Semi-finals, Quarter-finals) and as agreed in Regional Rounds.

10.3.4. Only AIBA sanctioned head guard brands may be worn in competition they are;

Sting Adidas Wesing Top Ten Garmy Velo Greenhill Taishan

Sting Head Guards – to be worn in all rounds of England Boxing Championship Final Rounds (e.g. Finals, Semi-finals, Quarter-finals) and as agreed in Regional Rounds.

Section 15 – decisions

15.4. Referee Stops Contest

RSC-H – Stoppages due to punches to the head

RSC-B – Stoppages due to punches to the body

15.7. Knockout

KO-H Knockout due to blows to the head

KO-B Knockout due to blows to the body

Section 17 – medical suspensions and conditions

17.1.2. The Ringside Doctor is to record ALL medical suspensions, clearly marking the length and reason for the Suspension, in the BCR1 of the boxer receiving the suspension.

- a) Single Occurrence of KO or RSC (with or without a loss of consciousness). If a Boxer suffers a KO as a result of a blow(s) to the head (KO-H) or has a diagnosis of concussion, the Boxer is suspended for 30 days following this period, the Boxer must follow approved England Boxing Concussion protocols (Annex 8.1 and 8.2). protocols. If the result of a Bout is RSC because the Boxer has received heavy blows to the head (RSC-H) and the Ringside Doctor makes a diagnosis of concussion, the Boxer is suspended for 30 days, following this period they must follow approved GRTP protocols. If the result of the Bout is RSC because the Boxer has received heavy blows to the head (RSC-H) and the Boxer is not diagnosed with concussion, then the Boxer does not require a

suspension period, although the Ringside Doctor may give a suspension if they feel it is appropriate.

- b) Double Occurrence of KO or RSC- - If during a period of three months a Boxer twice loses a Bout due to KO or RSC due to AIBA Technical and Competition Rules - 20 head blow (KO-H or RSC-H) (with or without loss of consciousness) or has a diagnosis of concussion, then the Boxer may not take part in Boxing or sparring for a minimum period of 90 days after the second occurrence. The Boxer must follow approved England Boxing Concussion protocols (Annex 8.1 and 8.2). protocols. If the result of a Bout is RSC because the Boxer has received heavy blows to the head (RSC-H) and the Boxer is not diagnosed with concussion, then the Boxer does not require a suspension period, although the Ringside Doctor may give a suspension if they feel it is appropriate.
- c) Triple Occurrence of Knockout or RSC - If during a period of 12 months the Boxer suffers three KOs (with or without loss of consciousness) or three RSCs due to the Boxer having received heavy blows to the head (KO-H or RSC-H) and the Boxer is diagnosed with concussion, then the Boxer may not take part in Boxing or sparring for a period of one year after the third occurrence. Any combination of KO or RSC (due to head injuries) that equals three under these circumstances qualifies for a one-year suspension.

The Boxer must follow approved England Boxing Concussion protocols (Annex 8.1 and 8.2).

Annex A.7 England Boxing Rules 2021 – child protection officers at events

1. All events requiring England Boxing permits, that have youths under eighteen either competing or acting in any capacity for England Boxing (i.e. officials) are to have the following in place from the commencement of the weigh in (the CPO is to attend the Weigh In unless a child protection issue requires the attention of the appointed CPO, the CPO is to ensure that a DBS certificated official remains in the Weigh in at all times) during the event and remain in the venue until any under 18 involved in the event has vacated the facility:

- i. A Child Protection Officer appointed for the event.
- ii. The Child Protection Officer to be in attendance at the event
- iii. The Child Protection Officer to be named on the permit