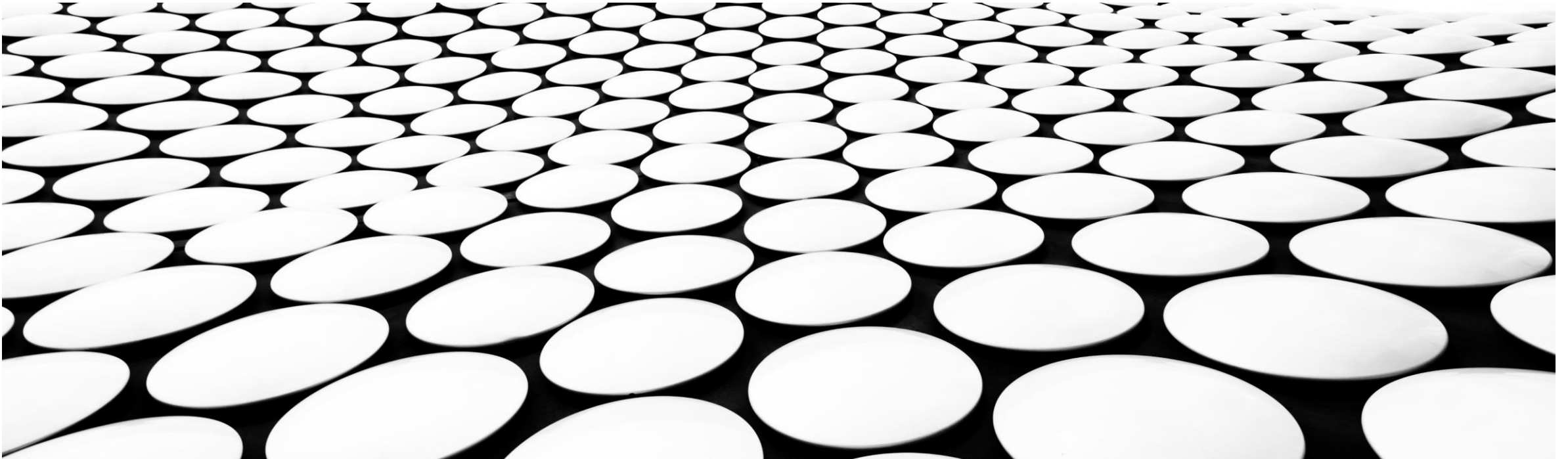


ETHNICALLY DIVERSE COACH DEVELOPMENT PROGRAMME



ONLINE LEARNING FROM ENGLAND BOXING





THE ETHNICALLY DIVERSE COACH DEVELOPMENT PROGRAMME

- The intent of this online programme is to support and develop Coaches from an ethnically diverse background.
- The programme is open to coaches who have achieved an England Boxing coaching qualification and is a currently-registered member of the NGB, or was registered at the end of the 2019-20 season.
- The long-term aim is to increase and support a ethnically diverse coaching team within England.
- The programme is delivered via online group learning using ZOOM or Microsoft Teams (coaches need to have access to a smart phone, tablet or laptop device).
- The programme is based on a four-month programme (two sessions per month).
- Between sessions coaches will be required to reflect and explore topics and themes and be prepared to feedback to the group.
- The final session will be based on a reflective process and the development of a individual coach development programme.



APPROACH TO LEARNING

- Group online meets via Zoom or Microsoft Teams.
- Post session reading and reflection.
- Case Studies (Coaching Moments).
- Action Learning (Experiences and Challenges).
- Plan – Do – Review + Reflections.
- Developing your style of coaching (values, method, principles, planning).

THE COMPASS OF COACHING

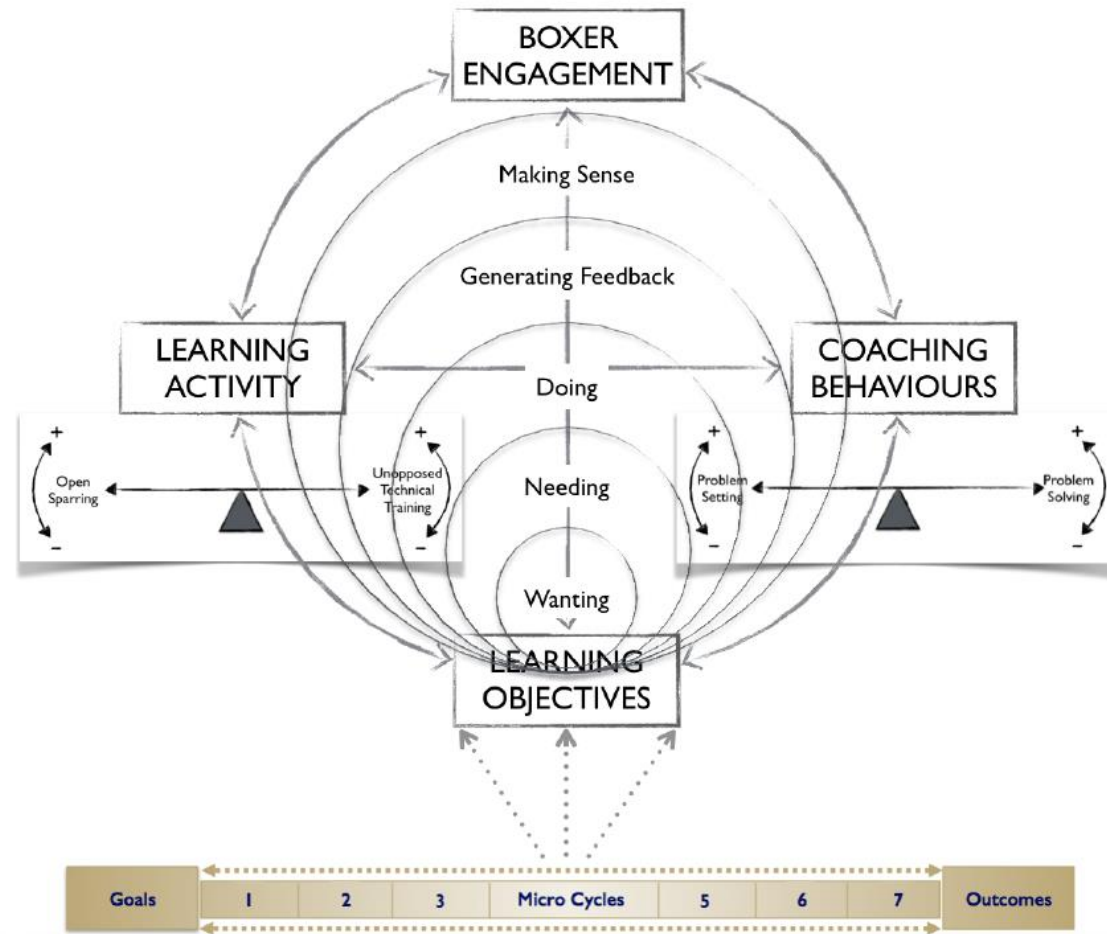


Figure 2. The five factors that underpin successful learning (Race, 2005) overlaid on The Coaching Practice – Planning and Reflective Framework (Muir, 2018)



OVERALL THEMES OF THE PROGRAMME

- Understanding self (Being yourself with skill).
- Facilitating Learning and Development (Creating the environment to support boxers).
- Coaching Process and Practice (How we coach and the principles that support our thinking).
- Boxer Development (Developing a Boxer Profile and Planning).
- Reflection and Individual Coach Action Plan (Your next steps).