

Coach Nudge#7

We are in your coaching corner





Over-coaching can be
more harmful than under-
coaching. Keep it simple!

John Wooden

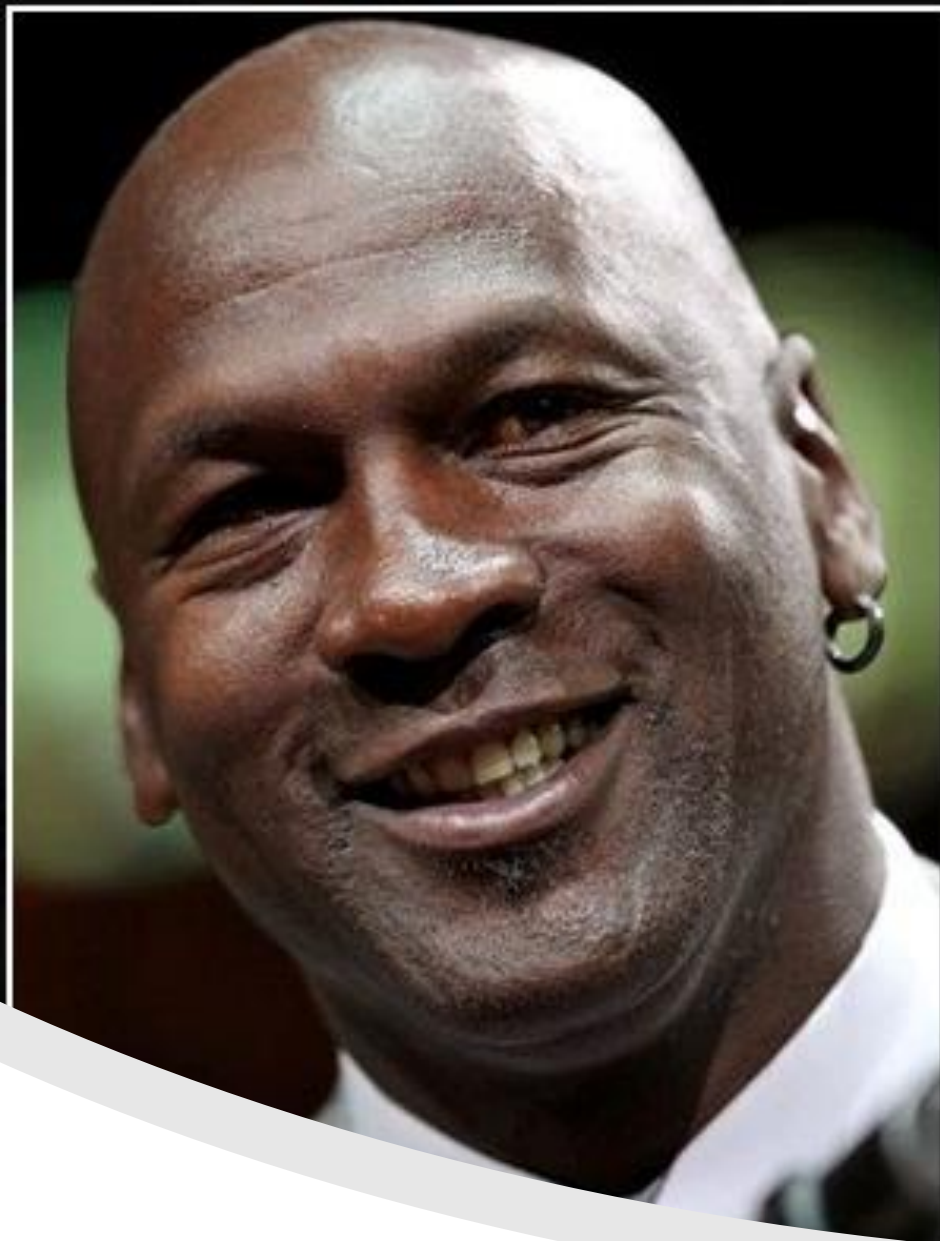
quotefancy



Talent development-

"When to coach"

Allow the boxer to be talented until they fail, then coach the gaps!



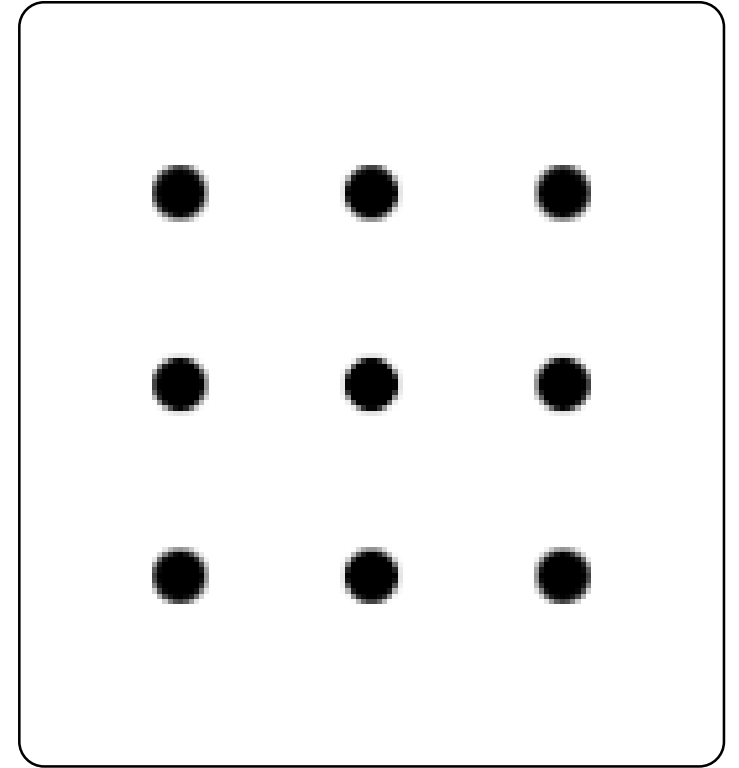
A coach is someone that sees
beyond your limits and guides you
to greatness!

— *Michael Jordan* —

AZ QUOTES

Thinking outside the box

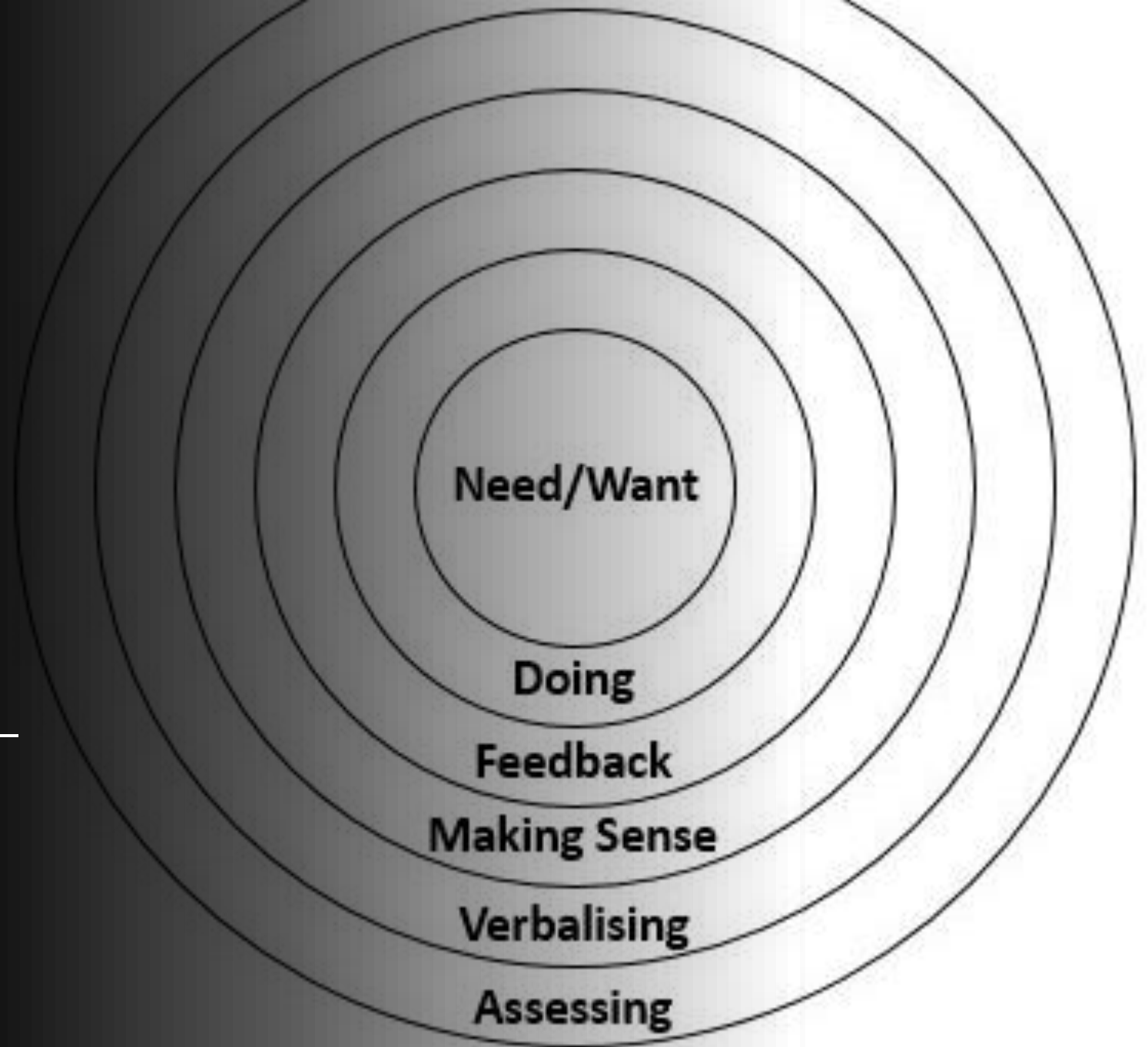
The "nine dots" puzzle. The goal of the puzzle is to link all 9 dots using four straight lines or fewer, without lifting the pen and without tracing the same line more than once.

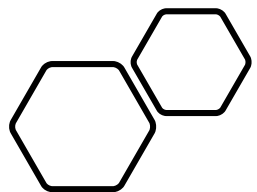


The Netflix Nudge - MAGNETIC



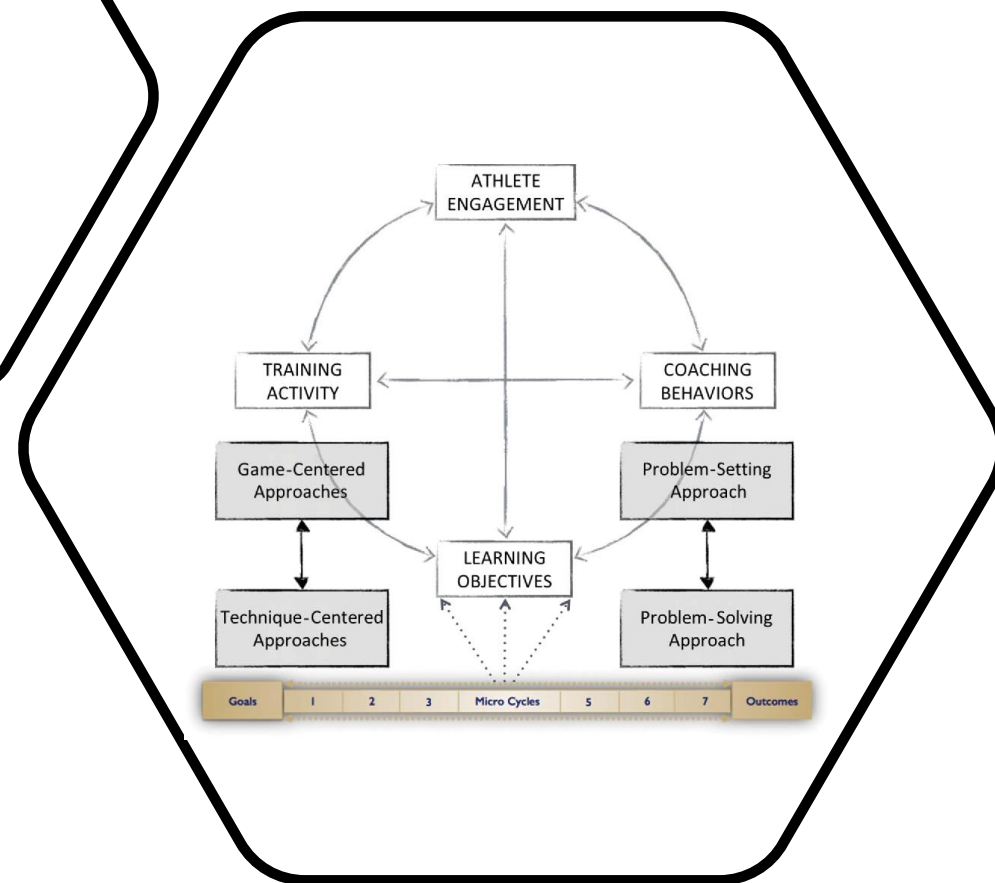
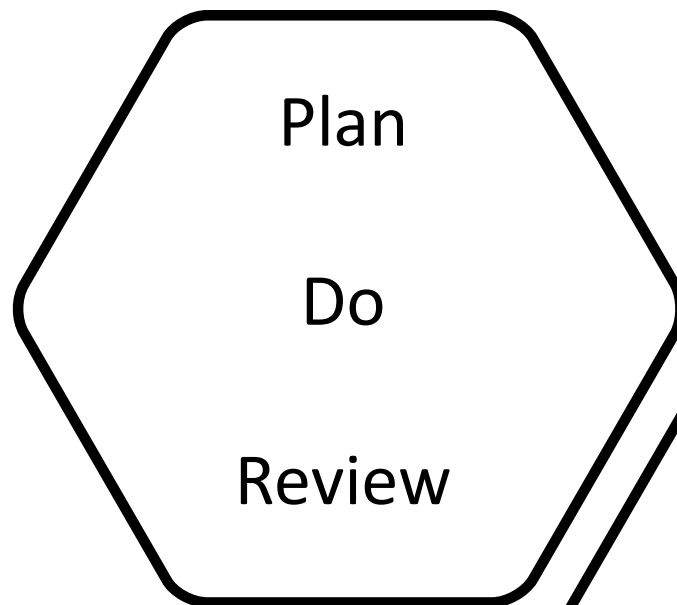
The Learning
Nudge –
*Ripples In A
Pond*





Shaping Your Coaching Practice

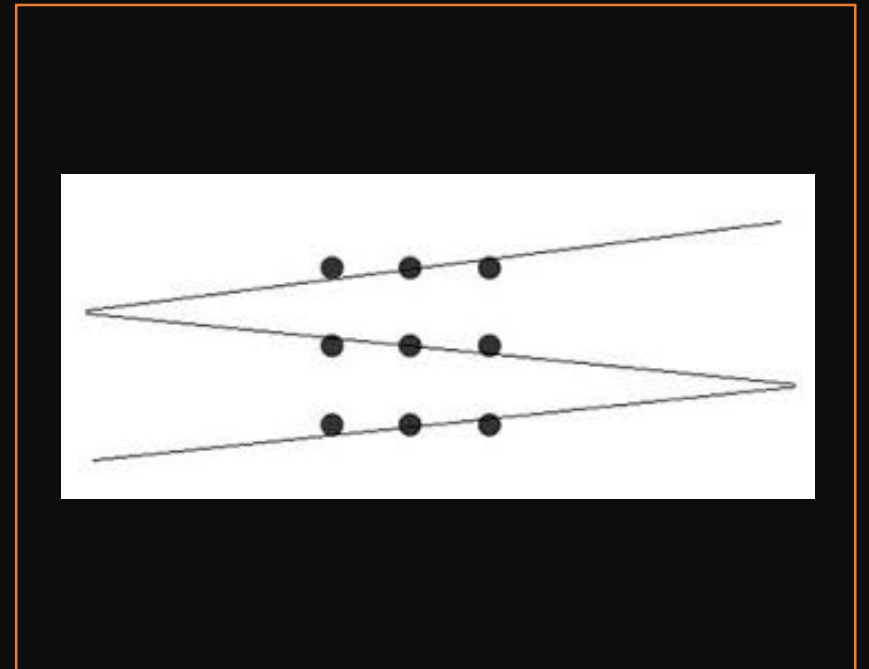
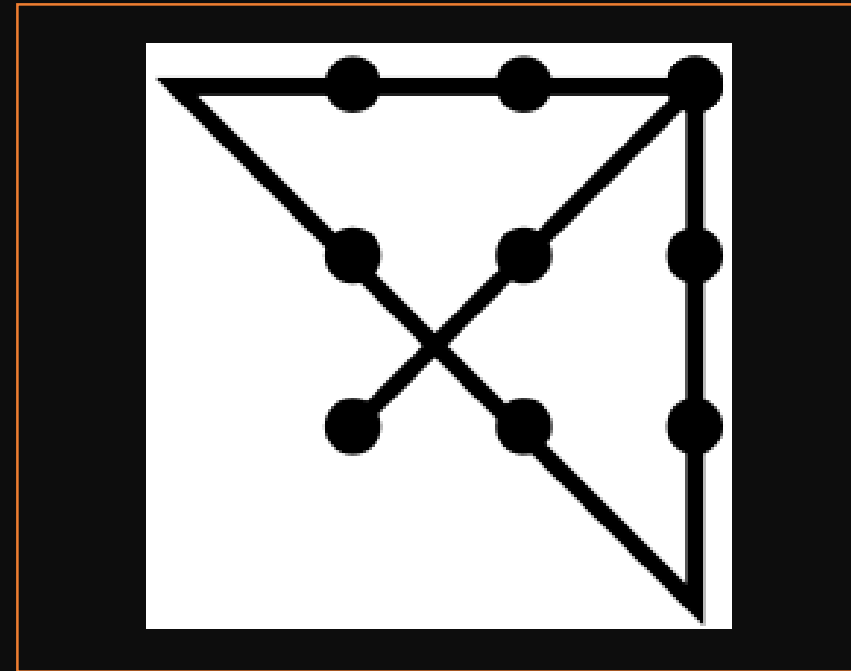
- Whom are you coaching?
- What are you coaching?
- How are you coaching?
- Why are you coaching that way?



Thinking outside the box

Some Solutions to solve the problem
- task.

How does this relate to coaching
(problem solving). Different ways to
approach a situation, exploring ways
to overcome a problem.



The Reading Nudge

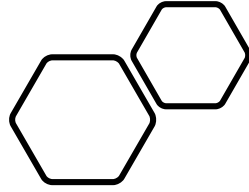
Dynamics of Skill Acquisition

A Constraints-Led Approach

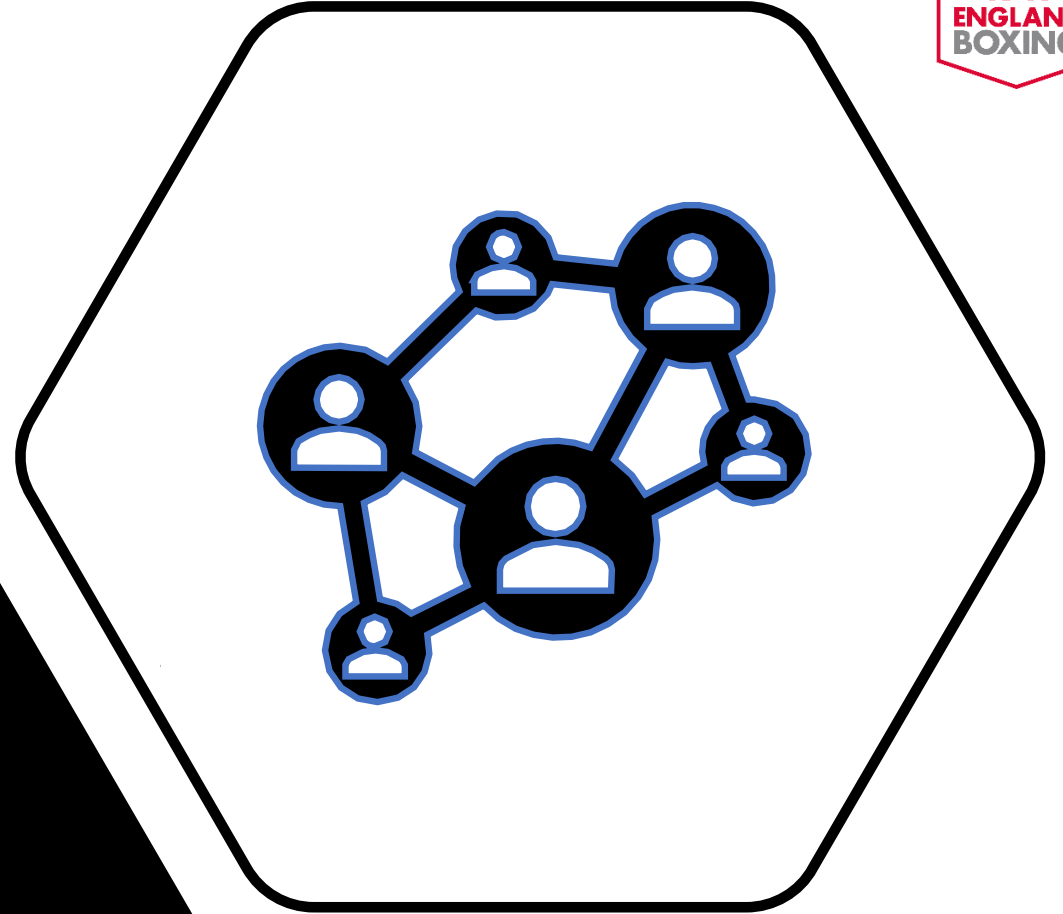


Keith Davids/Chris Button/Simon Bennett

A Coach Reflection from the 2020 Coaching Scrapbook



Describe boxing without using boxing terminology, what you find is the real demands of the sport and what it actually takes.



Thanks to the Unknown Coach for this Coaching Nudge