Coach Nudge#7

We are in your coaching corner
Over-coaching can be more harmful than under-coaching. Keep it simple!

John Wooden
Talent development-
"When to coach"
Allow the boxer to be talented until they fail, then coach the gaps!
A coach is someone that sees beyond your limits and guides you to greatness!

— Michael Jordan —
Thinking outside the box

The "nine dots" puzzle. The goal of the puzzle is to link all 9 dots using four straight lines or fewer, without lifting the pen and without tracing the same line more than once.
The Netflix Nudge - MAGNETIC
The Learning Nudge –
*Ripples In A Pond*
Shaping Your Coaching Practice

- Whom are you coaching?
- What are you coaching?
- How are you coaching?
- Why are you coaching that way?

Muir, B. (2019)
Thinking outside the box

Some Solutions to solve the problem - task.

How does this relate to coaching (problem solving). Different ways to approach a situation, exploring ways to overcome a problem.
The Reading Nudge
Describe boxing without using boxing terminology, what you find is the real demands of the sport and what it actually takes.

Thanks to the Unknown Coach for this Coaching Nudge