SPONSORED BY “TBC”
INVITES YOU TO OUR
8th ANNUAL BOX CUP
IN
ST. JOSEPHS BOYS FC – SPORTS HALL, PEARSE PARK, SALLYNOGGIN
CO. DUBLIN, IRELAND, A96 R2V0
THURSDAY to SUNDAY
25th to 28th JUNE 2020
~

THIS IS AN OPEN CLASS BOXING TOURNAMENT FOR
SCHOOLBOYS/GIRLS, JUNIORS
~

Monkstown Dublin Boxing Club are delighted to invite you to our 8th Annual “Monkstown International Box Cup 2019”. This is Europe’s premier schoolboys/girls and Juniors Boxing tournament. We are proudly supported by IABA (Irish Athletic Boxing Association), Dun Laoghaire Rathdown County Council and Globalmedics.com.

Registration for this tournament is through online only at below website. There is a limit of 500 boxers. Registration will be on a first come/first served basis.


It would be great if you and your team were part of it. If you have any further queries, please do not hesitate to email me.

Yours in boxing,

JP Kinsella
Monkstown (Dublin) Boxing
Club Ph: 00353851046037
W: [www.monkstowndublinboxingclub.com](http://www.monkstowndublinboxingclub.com) (go live April 2020)
E: paulykinsella@gmail.com
Facebook: Monkstown (Dublin) Boxing
Club #MonkstownBoxCup2020
### GROUPS & WEIGHT CLASSES

<table>
<thead>
<tr>
<th>SKILLS BOUTS Male &amp; Female</th>
<th>BOY/GIRL 1 Male &amp; Female</th>
<th>BOY/GIRL 2 Male &amp; Female</th>
<th>BOY/GIRL 3 Male &amp; Female</th>
<th>BOY/GIRL 4 Male &amp; Female</th>
<th>JUNIOR 1 Male &amp; Female</th>
<th>JUNIOR 2 Male &amp; Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>26kg</td>
<td>28kg</td>
<td>30kg</td>
<td>32kg</td>
<td>34kg</td>
<td>38kg</td>
<td>40kg</td>
</tr>
<tr>
<td>28kg</td>
<td>30kg</td>
<td>32kg</td>
<td>34kg</td>
<td>36kg</td>
<td>40kg</td>
<td>42kg</td>
</tr>
<tr>
<td>30kg</td>
<td>32kg</td>
<td>34kg</td>
<td>36kg</td>
<td>38kg</td>
<td>42kg</td>
<td>44kg</td>
</tr>
<tr>
<td>33kg</td>
<td>34kg</td>
<td>36kg</td>
<td>38kg</td>
<td>40kg</td>
<td>44kg</td>
<td>46kg</td>
</tr>
<tr>
<td>36kg</td>
<td>36kg</td>
<td>38kg</td>
<td>40kg</td>
<td>42kg</td>
<td>46kg</td>
<td>48kg</td>
</tr>
<tr>
<td>39kg</td>
<td>38kg</td>
<td>40kg</td>
<td>42kg</td>
<td>44kg</td>
<td>48kg</td>
<td>50kg</td>
</tr>
<tr>
<td>42kg</td>
<td>40kg</td>
<td>42kg</td>
<td>44kg</td>
<td>46kg</td>
<td>50kg</td>
<td>52kg</td>
</tr>
<tr>
<td>45kg</td>
<td>42kg</td>
<td>44kg</td>
<td>46kg</td>
<td>48kg</td>
<td>52kg</td>
<td>54kg</td>
</tr>
<tr>
<td>48kg</td>
<td>44kg</td>
<td>46kg</td>
<td>48kg</td>
<td>50kg</td>
<td>54kg</td>
<td>56kg</td>
</tr>
<tr>
<td>51kg</td>
<td>46kg</td>
<td>48kg</td>
<td>50kg</td>
<td>52kg</td>
<td>56kg</td>
<td>58kg</td>
</tr>
<tr>
<td>54kg</td>
<td>48kg</td>
<td>50kg</td>
<td>52kg</td>
<td>54kg</td>
<td>58kg</td>
<td>60kg</td>
</tr>
<tr>
<td>57kg</td>
<td>50kg</td>
<td>52kg</td>
<td>54kg</td>
<td>56kg</td>
<td>60kg</td>
<td>62kg</td>
</tr>
<tr>
<td>60kg</td>
<td>52kg</td>
<td>54kg</td>
<td>56kg</td>
<td>58kg</td>
<td>62kg</td>
<td>64kg</td>
</tr>
<tr>
<td>60+kg</td>
<td>54kg</td>
<td>56kg</td>
<td>58kg</td>
<td>60kg</td>
<td>64kg</td>
<td>66kg</td>
</tr>
<tr>
<td>56kg</td>
<td>58kg</td>
<td>60kg</td>
<td>62kg</td>
<td>66kg</td>
<td>69kg</td>
<td></td>
</tr>
<tr>
<td>58kg</td>
<td>60kg</td>
<td>62kg</td>
<td>64kg</td>
<td>69kg</td>
<td>72kg</td>
<td></td>
</tr>
<tr>
<td>60kg</td>
<td>60+kg</td>
<td>64kg</td>
<td>66kg</td>
<td>72kg</td>
<td>75kg</td>
<td>80kg</td>
</tr>
<tr>
<td>60+kg</td>
<td></td>
<td>66kg</td>
<td>68kg</td>
<td>75kg</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>66+kg</td>
<td>68+kg</td>
<td>75+kg</td>
<td>80+kg</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note: The tournament is for Open Class schoolboys/girls, Junior’s boxers only. Only boxers born in years above will be allowed enter.

Each boxer must be present with Record Card.

### NUMBER OF BOUTS OVER 3 DAYS

Maximum number of boxers in each group will be eight, boxing a Quarter Final on Friday, Semi-Final on Saturday and Final on Sunday. Please note the organising committee will try to enter as many nationalities in each group to give each boxer ‘International Experience’ So please register your boxers as soon as possible to avoid disappointment.

THE ORGANISERS RESERVE THE RIGHT TO MOVE PARTICIPANTS BETWEEN CLASSES
**PROGRAMME**

**Thursday 25 June 2020**
- Registration, medical & weigh-in between 6pm and 10pm.

**Friday 26 June 2020**
- Entries emailed to clubs by 11am
- Programs emailed to club by 12pm
- R&J meeting with Tournament Inspector 1pm
- Skills Bouts 2pm (first bout for all skills)
- Boxing to commence at 4pm (until approx 10pm)

**Saturday 27 June 2020**
- Medical 9am and 10am. Boxing to commence at 11am (until approx 8pm)

**Sunday 28 June 2020**
- Medical & weigh-in between 8am and 9am. Boxing to commence at 11am (to approx. 6pm)

**WEIGHT ALLOWANCE/NUMBER OF WEIGH-INS**

Initial weigh in will take place Thursday 6pm to 10pm and no weight allowance is given. All boxers will not have to weigh in on Saturday – but will weigh in on Finals Day Sunday morning between 8am & 9am at which point each boxer will be allowed a 1kg allowance.

**RINGS**

There will be 3 rings in operation on Friday, Saturday & Sunday. There will also be a training ring in place – this will be used to accommodate overflow of Skills Bouts on Sunday if necessary.

**R&J**

It is recommended that each club bring a Referee & Judge with them, but this is not essential. Each R&J must be registered to relevant governing body. Please register ASAP & do not forget Record Card.

**ACCOMMODATION**

It is up to each club to book their own accommodation for the weekend. To see a list of recommended Hotels & B&B’s, please see page 5.

**MEALS/SHOPS**

The Cafe will be open for Breakfast, Lunch & Dinner at the venue, A daily rate of €30 per day per person is available for teams – must sign up before Friday 29th May 2020 to avail of daily offer.
A Shop will be open for the duration of the tournament shop T-Shirts and memorabilia.
**TRAINING**
Monkstown Boxing Club Gym will open for the duration of the competition if any club wishes to use the facilities.

**FEMALE BOXERS**
The health and safety of all our boxers is of utmost importance. Therefore, pregnancy declaration forms & record cards must be signed 2 days before tournament by parent & boxer. Hair nets, bandanas or cloth swim hats must be worn under head guards while boxing.

**DRAW/PROGRAMS**
Entries will be emailed to all clubs by 11am on Friday morning. Each club will be requested to check their entries and make sure they are in the correct weight class/age group. Clubs will have 1 hour to send amendments. Programs will be emailed by 12 O’Clock.

**ROUNDS**
All bouts for Boy/Girl1 to Boy/Girl4 (years 2008 to 2005) will be boxed over 3 rounds at 1.5 minute per round, with 1 minute break. All bouts for Junior1 & Junior2 (years 2004 & 2003) will be boxed over 3 rounds at 2 minute per round, with 1 minute break.

**SKILLS/BOUTS**
Skills bouts for Boys/Girls born in years 2009 will be boxed over 3 rounds at 1 minute per round, with 1 minute break. They will have an initial & only weigh (but will get a medical check each morning). We will try our best to give each boy/girl at least 2 skills bouts – they will be boxed Friday at 2pm, and Saturday at 11am.

**STREAMING**
All bouts will be streamed live on website (TBC) for a fee (approx. €5)

**REGISTRATION FEE**
€25 (Non refundable) for each competitor must be paid online at www.eventbrite.com/e/monkstown-international-box-cup-2019-tickets-58374733399

Entries are by first come first served basis.

Central Information/Website:  www.monkstown dublinboxingclub.com
Email: paulykinsella@gmail.com
Phone: JP Kinsella 00353851046037
R&J ENTRY FORM

Name:

Affiliated Club:

Gender: Male/Female *Delete where applicable

D.O.B: / /

International experience:

Mobile Tel number:

Email Address:

**Bring passport Photo Registration

Please return by email of post to:

JP Kinsella
Monkstown Box Cup 2020
3rd Floor, Mounttown Community Facility, Fitzgerald Park,
Monkstown,
Co. Dublin,
Ireland
Hotels & B&B’s list:

Kingstown Hotel, 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2801810 
http://www.kingstonhotel.com 
Distance (by taxi) 
Venue: 12mins 
Royal Marine Hotel 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2300030 
http://www.royalmarine.ie 
Distance (by taxi) 
Venue: 12mins 
Rochestown Lodge Hotel 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2853555 
http://www.rochestownlodge.com/ 
Distance (by taxi) 
Venue: 6mins 

Stillorgan Park Hotel, 
Stillorgan, 
Co. Dublin 
Ph: +353 1 2001800 
http://www.stillorganpark.com/ 
Distance (by taxi) 
Venue: 15mins 
Royal Hotel Bray 
Bray, 
Co. Wicklow 
Ph: +353 1 2841334 
http://www.royalhotel.ie 
Distance (by taxi) 
Venue: 10mins 
Lyden B&B, 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2806404 
http://www.lyndenbandb.com/ 
Distance (by taxi) 
Venue: 12mins 

Mulgrave Lodge 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2801664 
http://www.mulgravelodge.com/ 
Distance (by taxi) 
Venue: 12mins 
Ferryhouse B&B 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2808301 
http://www.ferryhousedublin.com/ 
Distance (by taxi) 
Venue: 12mins 
Tara Hall B&B 
Dun Laoghaire 
Co. Dublin 
Ph: +353 1 2805120 
http://www.tara-hall.ie/ 
Distance (by taxi) 
Venue: 12mins 

Santa Cruz B&B 
Dun Laoghaire, 
Co. Dublin 
Ph: +353 1 2841334
Previous Results:

2013  http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2013.html
2015  http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2015.html
2016  http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2016.html
2017  http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2017.html
2018  http://amateur-boxing.strefa.pl/Tournaments/MonkstownBoxCup2018.html

Media Highlights:

2014  https://www.youtube.com/watch?v=E7g-y9Oaevl
2016  http://www.knockout.no/Video/a/tabid/307/ID/425/Monkstown-Box-Cup-2016.aspx
2018  www.knockout.no
