



ADVICE FOR DOCTORS ATTENDING BOXING SHOWS

Pre bout

Oxygen and resus gear must be near or next to ring. NO OXYGEN then NO BOUTS

Not all doctors wish to work alone. If this is the case, then Paramedics/ambulance needed, who must bring the equipment, especially oxygen.

Doctors who work alone must be fully competent and equipped to maintain an airway and administer oxygen.

Discuss extrication, transport and exit for unconscious boxer with paramedics and the Supervisor, who is the key contact at a show.

If you are unhappy with medical side or make a boxer unfit to compete, you must seek advice from the Supervisor. You still have the final say regarding if a boxer is unfit to box.

Each boxer must be seen

- Check medical card [BCR1] – identification, medical in date, recent bouts and any lay-off periods in force*
- Enquire for any recent or current injury, illness or medications
- Check teeth and that mouthguard fits (no red mouthguards; braces etc. require a minimum of mouthguard covering upper brace)
- Check hands (open wounds, skin lesions, joint swelling or tenderness, makes a fist)
- Check face (recent scars/wounds, severe acne)
- Check ears
- Check eyes (PERLA)

Post bout

Suspensions for boxers are as follows: KO [head] or RSC [head] =30 days, lacerations 14 days. Note, there is usually minimum of three days between bouts. This is written in RED in the BCR1.

It is your decision whether you are happy to stitch at the venue or send the boxer to the hospital.

Medical standards available on the ABAE website (www.englandboxing.org – use tab 'Rules, Regs and Resources').

England Boxing Medical sub-committee doctors can be contacted for advice, via England secretary on 0114 2235654.